



No Jumping/Nipping

To Jump or Not to Jump:

Remember, dogs think in black and white. It is very difficult, especially for puppies, to see the world's grey areas. It is a lot easier to decide early on to either allow your dog to jump or not. Remember that means if they do jump, they will jump when you are in your nice clothes, your stockings, on your neighbor, on your grandmother, with muddy paws, and when they are big and strong. So, if you do allow your dog to jump, know that these circumstances can and most likely will happen. Another thing to think about is if your dog is small, and will most likely stay small, it is extremely difficult to prevent jumping. People will constantly disregard you saying that they don't mind them jumping. This is teaching the dog that I may or may not win the lottery (jumping and getting attention for it - good or bad). If this does happen, feel free to blame me, say your trainer will not allow your dog to jump. Have them ask your dog for a sit or touch before they pet (there are handouts on these).

What is the behavior?

Ignore your dog! Cross your arms and even look up at the ceiling. Pretend your dog is not jumping and/or nipping you. Once they are no longer jumping/nipping, reward them (treats, play, attention, etc.).

Do not say 'No', try to push your dog off, knee them, yell at them, talk back to them, GIVE IN. If you do any of these things that is still encouraging! That is still getting attention for the behavior, even if it is bad attention.

What is the purpose of this behavior?

- To stop encouraging your dog to jump and nip
- This helps them to stop practicing the behavior (jumping and nipping). The more you practice something the better you get at it.



How to train it:

1. IGNORE YOUR DOG!
2. It helps to cross your arms and stare at the ceiling. Completely disengage from your dog whether that means no longer playing with them, petting them, etc.
3. As soon as all 4 paws are on the ground or their teeth are not on you or your clothes, mark the moment and give a treat (petting and playing are acceptable as well).
4. If they catch on (they jump/nip then immediately stop to get a reward) then you can start adding some of your redirection tools before you reward.
5. Try using some of these behaviors or others that they know to redirect (make sure to reward those behaviors at the end all the behaviors):
 - a. Sits
 - b. Touches: different hands, different heights, different distances
 - c. Downs
 - d. Recall/Come

Another tool to use is leave it, especially with nipping. Read the Leave It handout and start practicing!